



**VIA DE CRISTO
OF WESTERN
WASHINGTON**

People: (THE LORD'S PRAYER)

**Our Father who art in heaven
hallowed be thy name,
thy kingdom come,
thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom
and the power and the glory
forever and ever.
Amen.**

Spiritual Director: Now in peace I will lie down and sleep;

People: You alone, O God, make me secure.

Spiritual Director: Let us bless the Lord

People: Thanks be to God.

Spiritual Director: Almighty and merciful God, Father, Son, and Holy Spirit, bless, preserve, and keep us, this night and forevermore.

People: Amen.

PILGRIM'S PATHWAY

PRAYER TO THE HOLY SPIRIT

Come Holy Spirit,
fill the hearts of your faithful,
and kindle in us the fire of your love.
Send forth your Spirit
and we shall be created
and you shall renew the face of the earth.
O God, who by the light
of the Holy Spirit
instructs the hearts of the faithful,
grant that by that same Holy Spirit
we may be truly wise
and ever rejoice in his consolations.
Through Christ our Lord. Amen.

MORNING PRAYER

Spiritual Director: O Lord, open my lips.

People: And my mouth shall declare your praise. Glory to the Father, and to the Son and to the Holy Spirit. As it was in the beginning, is now and will be forever. Amen.

Spiritual Director: Give Glory to God, our light and our life.

People: Oh, come, let us worship him. Oh come, let us sing to the Lord. Let us shout for joy to the rock of our salvation. Let us come before his presence with thanksgiving and raise a loud shout to him with psalms. For the Lord is a great God and a great King above all gods. In his hand are the caverns of the earth. The heights of the hills are also his. The sea is his, for he made it, and his hands have molded the dry land. Oh, come, let us bow down and bend the knee, and kneel before the Lord, our Maker. For he is our God, and we are the people of his pasture and the sheep of his hand.

Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and will be forever. Amen.

Spiritual Director: Give glory to God, our light and our life.

People: Oh, come let us worship him.

The Readings.

Spiritual Director: A Meditation.

People: (MARTIN LUTHER'S MORNING PRAYER)

I thank you, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen.

AT THE CLOSE OF THE DAY

Spiritual Director: In the name of the Father and of the Son and of the Holy Spirit.

People: Praise the Lord, all you servants of the Lord who minister by night in the house of the Lord. Lift up your hands in the sanctuary and praise the Lord. May the Lord bless you from Zion—He who is the Maker of heaven and earth.
(Psalm 134 NIV)

Spiritual Director: Guide us waking, O Lord, and guard us sleeping, that awake we may watch with Christ, and asleep may rest in peace.

People: Sovereign Lord, as you have promised, you now dismiss your servant in peace. For my eyes have seen your salvation, which you have prepared in the sight of all people, a light for the revelation to the Gentiles and for glory to your people Israel. *(Luke 2: 29-32 NIV)*

People: Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep may rest in the peace.

The Reading

People: (MARTIN LUTHER'S EVENING PRAYER)

I thank you my Heavenly Father, through Jesus Christ, your dear Son, that you have graciously kept me this day; and I pray that you would forgive me all my sins where I have done wrong, and graciously keep me this night. For into your hands I commend myself, my body and soul, and all things. Let your holy angel be with me, that the evil foe may have no power over me. Amen.

Spiritual Director: Lord, remember us in your kingdom and teach us to pray:

People: *(THE LORD'S PRAYER)*

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hallowed be thy name,
thy kingdom come,
thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom
and the power and the glory
forever and ever.
Amen.**

The DISTRIBUTION

Spiritual Director: The body and blood of our Lord Jesus Christ strengthen you and keep you in his grace.

People: Amen.

PRAYER of THANKSGIVING

Spiritual Director: Let us pray;

**People: We give you thanks, almighty God, that you have refreshed us through the healing power of this gift of life; and we pray that in your mercy you would strengthen us, through this gift, in faith toward you and in fervent love toward one another; for the sake of Jesus Christ our Lord.
Amen.**

Spiritual Director: Go in peace. Serve the Lord.

People: Thanks be to God.

Spiritual Director: Lord, remember us in your kingdom and teach us to pray.

People: *(The LORD'S PRAYER)*

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For thine is the kingdom
and the power and the glory
forever and ever.
Amen.**

Spiritual Director: Let us bless the Lord.

People: Thanks be to God.

Spiritual Director: The Lord Almighty bless us, and direct our days and our deeds in his peace.

People: AMEN.

HOLY COMMUNION

Spiritual Director: In the name of the Father, and of the Son, and of the Holy Spirit.

People: Amen.

Spiritual Director: Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord.

People: Amen.

Spiritual Director: If we say we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.

Silence for reflection and self-examination.

General Confession

People: Most merciful God, we confess that we are in bondage to sin and cannot free ourselves. We have sinned against you in thought, word, and deed and by what we have done and by what we have left undone. We have not loved you with our whole heart. We have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name. Amen.

Spiritual Director: In the mercy of almighty God, Jesus Christ was given to die for you, and for his sake God forgives you all your sins. To those who believe in Jesus Christ he gives the power to become the children of God and bestows on them the Holy Spirit.

People: Amen.

The Reading

The HOMILY

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made. For us and for our salvation he came down from heaven: By the power of the Holy Spirit he became incarnate from the virgin and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one Baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Spiritual Director: The Lord be with you.

People: And also with you.

Spiritual Director: Lift up your hearts

People: We lift them to the Lord.

Spiritual Director: Let us give thanks to the Lord our God

People: It is right to give him thanks and praise.

Spiritual Director: It is indeed right and salutary that we should at all times and in all places offer thanks and praise to you, O Lord, Holy Father, through Christ our Lord. And so, 'with the Church on earth and the hosts of heaven, we praise your name and join their unending hymns.

People: Holy, Holy, Holy Lord, God of power and might. Heaven and earth are full of your glory. Hosanna! Hosanna! Hosanna in the highest! Blessed is he who comes in the name of the Lord. Hosanna in the highest.